Racehorses are getting faster

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Previous studies have concluded that thoroughbred racehorse speed is improving very slowly, if at all, despite heritable variation for performance and putatively intensive selective breeding. This has led to the suggestion that racehorses have reached a selection limit. However, previous studies have been limited, focusing only on the winning times of a few elite races run over middle and long distances, and failing to account for potentially confounding factors. Using a much larger dataset covering the full range of race distances and accounting for variation in factors such as ground softness, we show that improvement is, in fact, ongoing for the population as a whole, but driven largely by increasing speed in sprint races. In contrast, speed over middle and long distances, at least at the elite level, appears to be reaching an asymptote. Whether this reflects a selection limit to speed over middle and long distances or a shift in breeding practices to target sprint performances remains to be determined.

1. Introduction

Winning times of some thoroughbred horse races in Great Britain (GB) are on record from the mid-1800s. Nowadays, winning times are recorded for all races run, and times of beaten horses can be inferred. Notably, the few studies to analyse temporal changes in performance have reported little recent improvement in winning times of elite races in GB [1,2]. Similarly, a study of the three most prestigious races in America reported no increase in winning speed since the early-1970s [3], and concluded that racehorses will reach maximal speed imminently. This conclusion was also reached in a study of the best performances worldwide [4]. The lack of improvement is striking given putatively intensive selective breeding [5] and high heritability estimates for performance traits [4–6], prompting the suggestion that thoroughbreds have reached a selection limit [3,4,7–9]. However, previous studies have been limited. First, they analysed only winning time (or speed) of a small number of middle- and long-distance elite races. Second, no account has been taken for temporal variation in potentially confounding factors such as ground softness [1–4]. Here, we address these limitations to test for and characterize improvement, both at the elite level and in the racehorse population as a whole.

2. Methods

Data were sourced from Ruff’s Guide to the Turf (1850–1951 annual editions), the Raceform Flat Annual (1949–1994) and Raceform Interactive (1996–2012; www.raceform.co.uk). We included only GB flat races run on the turf. For an average of 48 (range 11–106) elite races (termed ‘Group’ races since 1971) per year in 47 years between 1850 and 1996 (2243 races in total), we recorded: winning time, timing method (hand-timed or automatic), race distance, racecourse, official going (ground softness), number of runners (no.runners) and name, age and sex of the winner. ‘Going’ was converted from its official (categorical) description to a numerical scale using conversion tables provided at www.britishhorseracing.com/wp-content/uploads/2014/03/Going-Stick-Average-Readings.pdf. We collected similar data for a larger set of races (>50,000; elite and otherwise) held every year between 1997 and 2012. For these races, times of beaten horses were estimated based on distance beaten and conversion...
The table below shows the linear rates of speed improvement estimated from datasets from model 1. Parameter estimates are from REML models with year fitted as continuous covariate. Inference is by likelihood comparison of full and reduced models fitted by ML (see text for details).

### Table 1: Linear rates of speed improvement estimated from datasets from model 1. Parameter estimates are from REML models with year fitted as continuous covariate. Inference is by likelihood comparison of full and reduced models fitted by ML (see text for details).

<table>
<thead>
<tr>
<th>dataset</th>
<th>years</th>
<th>classes</th>
<th>finishers</th>
<th>distance (furlongs)</th>
<th>temporal trend ± s.e. (yards s⁻¹ year⁻¹)</th>
<th>χ²</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.1</td>
<td>1850–2012</td>
<td>elite</td>
<td>winners</td>
<td>5–7</td>
<td>0.014 ± 5 × 10⁻⁴</td>
<td>659</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>1.2</td>
<td>1850–2012</td>
<td>elite</td>
<td>winners</td>
<td>8–12</td>
<td>0.013 ± 4 × 10⁻⁴</td>
<td>677</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>1.3</td>
<td>1850–2012</td>
<td>elite</td>
<td>winners</td>
<td>14–20</td>
<td>0.011 ± 0.001</td>
<td>106</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>1.4</td>
<td>1997–2012</td>
<td>elite</td>
<td>winners</td>
<td>5–7</td>
<td>0.020 ± 0.002</td>
<td>643</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>1.5</td>
<td>1997–2012</td>
<td>elite</td>
<td>winners</td>
<td>8–12</td>
<td>0.006 ± 0.002</td>
<td>5.8077</td>
<td>0.016</td>
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<tr>
<td>1.6</td>
<td>1997–2012</td>
<td>elite</td>
<td>winners</td>
<td>14–20</td>
<td>0.007 ± 0.005</td>
<td>2.71</td>
<td>0.100</td>
</tr>
<tr>
<td>1.7</td>
<td>1997–2012</td>
<td>elite</td>
<td>all</td>
<td>5–7</td>
<td>0.023 ± 0.001</td>
<td>409</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>1.8</td>
<td>1997–2012</td>
<td>elite</td>
<td>all</td>
<td>8–12</td>
<td>0.006 ± 0.001</td>
<td>26.0</td>
<td>&lt;0.001</td>
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<tr>
<td>1.9</td>
<td>1997–2012</td>
<td>elite</td>
<td>all</td>
<td>14–20</td>
<td>0.008 ± 0.002</td>
<td>12.3</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>1.10</td>
<td>1997–2012</td>
<td>all</td>
<td>winners</td>
<td>5–7</td>
<td>0.014 ± 6 × 10⁻⁴</td>
<td>466</td>
<td>&lt;0.001</td>
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<td>1.11</td>
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<td>winners</td>
<td>8–12</td>
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<td>1997–2012</td>
<td>all</td>
<td>winners</td>
<td>14–20</td>
<td>0.005 ± 0.002</td>
<td>11.2</td>
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<td>1.13</td>
<td>1997–2012</td>
<td>all</td>
<td>all</td>
<td>5–7</td>
<td>0.018 ± 4 × 10⁻⁴</td>
<td>2212</td>
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<tr>
<td>1.14</td>
<td>1997–2012</td>
<td>all</td>
<td>all</td>
<td>8–12</td>
<td>0.010 ± 4 × 10⁻⁴</td>
<td>634</td>
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<td>1.15</td>
<td>1997–2012</td>
<td>all</td>
<td>all</td>
<td>14–20</td>
<td>0.009 ± 8 × 10⁻⁴</td>
<td>114</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

We modelled speed using linear-mixed effect models fitted to datasets differing with respect to: races since 1850 versus 1997; inclusion of winners versus all finishers; data from all races versus elite races (table 2), and used to predict average winning speed of all races has increased by an estimated 0.110% per year (table 2). However, a more nuanced picture is revealed by model 2. First, historical improvement has not been linear (figure 1). Rapid improvement occurred from the late-1800s to 1910, followed by a period of relative stability from 1910 to 1997, and a trend of faster race times in the early-2000s (figure 1).}

### 3. Results

Average racehorse speed has improved historically (since 1850) and continues to increase (since 1997; table 1). Under model 1, year effects were positive in all 15 datasets examined and significant in all but one (winners of elite, long-distance races, 1997–2012). However, a more nuanced picture is revealed by model 2. First, historical improvement has not been linear (figure 1). Rapid improvement occurred from the late-1800s to 1910, followed by a period of relative stability from 1910 to 1997, and a trend of faster race times in the early-2000s (figure 1).
values) at 6, 10 and 17 furlongs, respectively (table 2). Estimated rates are slightly higher at 0.090%, 0.065% and 0.034% per year when considering all finishers in all races from 1997 to 2012 (table 2). See electronic supplementary material, table S1 for full (fixed) parameter estimates under model 2 and electronic supplementary material, table S2 for predicted speed by year at 6, 10 and 17 furlongs. Estimates of among-horse repeatability are provided in the electronic supplementary material, table S3.

4. Discussion

Our analyses show that elite race winning speeds have improved greatly since 1850. Furthermore, 1997–2012 data reveal that this improvement is ongoing but, importantly, rates vary across distances. Contemporary improvement is low for middle and long distances, but winning speed for elite sprint races actually exceeds estimated historical rates. A similar pattern emerges when all elite finishers are included, and if the wider population of non-elite performers is considered.

Three recent studies concluded that racehorses are at (or very close to) maximal speed [2–4], with a fourth reporting modest continued improvement (although significant change was limited to 4 of 11 races analysed [1]). Given that these studies were limited to elite races run over middle and long distances, our results are broadly consistent (in terms of improvement rates) even if our qualitative conclusion—that horses are still getting faster—is different. The qualitative discrepancy likely reflects our greater statistical power combined with explicit modelling of environmental factors known [10] or hypothesized to influence speed. Ongoing improvement in sprint performance, not previously analysed, is much more rapid. Between 1997 and 2012, winning speed for elite 6-furlong races have increased by an estimated 0.110% per year, corresponding to an improvement in predicted winning time from 72.92 to 71.74 s. On good ground, a difference of 1.18 s corresponds to over seven horse lengths (www.britishhorseracing.com/wp-content/uploads/2014/04/Lengths-Per-Second-Scale-tables.pdf), a distinct margin given that we calculated the average winning distance of 6 furlong elite races between 1997 and 2012 to be just 1.28 lengths.

There are several possible explanations for sprint race speeds continuing to improve rapidly relative to middle- and long-distance races. Racehorse performance over longer distances could be reaching a selection limit as has been previously suggested [3,4,7–9], but we also note that the focus of breeding in GB may also have shifted towards producing sprint horses. More generally, care should be taken not to
attribute changes in speed to breeding alone. For instance, very rapid improvement in the early 1900s (figure 1) was attributed by Pfau et al. [11] to the introduction (in 1897) and universal adoption (by 1910) of an altered riding style. Further changes in riding style may well have facilitated comparatively rapid improvement between the mid-1970s and the mid-1990s as a posture pioneered by the jockey Lester Piggott was adopted [12]. However, commercialization of racehorse breeding also occurred during this period, with increased importing of well-bred American horses [13]. We also note that jockey tactics undoubtedly influence race speed and acknowledge that we could not control for all potentially confounding variables. For example, we elected not to include handicap weights in our model because it was confounded with horse identity, with better runners tending to carry more weight. Nonetheless, average weight carried actually increased between 1997 and 2012 in both elite races (estimated 0.194 ± 0.006 lb year⁻¹, F₁,1995 = 1183, p < 0.001) and across all races (at 0.255 ± 0.002 lb year⁻¹, F₁,613839 = 14956, p < 0.001; electronic supplementary material, table S3). Because more weight should reduce speed, this could potentially be masking underlying genetic improvement.

Noting the above caveats, if we accept that contemporary improvement is driven by selection, it is of interest to know whether the rates reported are in line with expectations [7]. Unfortunately, this is difficult to assess at present, because uncertainty surrounds both selection strength on, and heritability of, thoroughbred performance. While Gaffney & Cunningham [5] reported high heritabilities (0.39–0.76) for thoroughbred performance measured as handicap rating, these estimates exceed our estimated repeatabilities (e.g. $R = 0.26 ± 0.002$ for whole population since 1997; electronic supplementary material, table S3). Furthermore, several recent studies reported much lower heritability estimates for performance traits in other horse populations [14–16]. To determine whether improvement in speed is underpinned by a genetically based selection response, and whether shifting selection strategies might explain our findings, a more nuanced quantitative genetic analysis is required.

**Figure 2.** Patterns of temporal change in speeds for (a) elite race winners since 1997, (b) elite race finishers since 1997, (c) all race winners since 1997, (d) all race finishers since 1997. Circles, squares and triangles represent average speed (relative to 1997 mean) predicted from model 2 at 6, 10 and 17 furlongs, respectively (bars indicate ± 1 s.e.).

Data accessibility. Data used for analyses in this manuscript are available in Dryad: http://dx.doi.org/10.5061/dryad.qn82p.

Authors’ contributions. P.S. designed the study, collected the data, performed the analyses and wrote the manuscript. A.J.W. designed the study and wrote the manuscript. Both authors approve the final version of the manuscript.

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