Sex-ratio biasing towards daughters among lower-ranking co-wives in Rwanda

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There is considerable debate as to whether human females bias the sex ratio of their offspring as a function of their own condition. We apply the Trivers–Willard prediction—that mothers in poor condition will overproduce daughters—to a novel measure of condition, namely wife rank within a polygynous marriage. Using a large-scale sample of over 95 000 Rwandan mothers, we show that lower-ranking polygynous wives do indeed have significantly more daughters than higher-ranking polygynous wives and monogamously married women. This effect remains when controlling for potential confounds such as maternal age. We discuss these results in reference to previous work on sex-ratio adjustment in humans.

Keywords: sex ratios; human; Rwanda; polygyny; Trivers–Willard hypothesis

1. INTRODUCTION

In their classic paper, Trivers & Willard (1973) argued that if maternal condition affects the reproductive success of sons and daughters differently, mothers should bias the sex ratio of their offspring accordingly. Where sons are more strongly affected, mothers in good condition should have more sons than daughters and should invest more in those sons. In contrast, mothers in relatively poor condition should concentrate their investment in daughters. The Trivers–Willard hypothesis has had rather mixed success when applied to vertebrates (e.g. Clutton-Brock et al. 1986; Brown & Silk 2002; Sheldon & West 2004).

Several recent studies in humans have documented patterns of sex-ratio variation consistent with the Trivers–Willard hypothesis (Bereczkei & Dunbar 1997; Gibson & Mace 2003; Hopcroft 2005; Almond & Edlund 2007; Cameron & Dalerum 2009), while others have found no effects (Zaldivar et al. 1991) or negligible effect sizes (Chacon-Puignau & Jaffe 1996). This is partly owing to differences in which aspects of female condition are considered.

Measures used include the woman’s education (Almond & Edlund 2007), the presence of an investing man (Almond & Edlund 2007), the man’s economic resources (Hopcroft 2005; Cameron & Dalerum 2009) and the woman’s upper-arm muscle mass (Gibson & Mace 2003).

Here, we apply the Trivers–Willard prediction to a novel measure of maternal situation, namely wife rank within polygynous marriage, and a novel population, that of Rwanda. Like most human societies (Marlowe 2000), Rwandan society allows polygynous marriage. While male reproductive success is always enhanced by adding an extra wife to the household, polygyny may be less beneficial for women. Each additional wife in the household dilutes available resources and male investment, and thus women should only be expected to join as lower-ranking wives when there are few or low-quality alternatives available (Hartung 1982; Pollet & Nettle 2009), or under coercion (e.g. Clisholm & Burbank 1991). In line with this argument, several studies have documented fitness costs involved in becoming a co-wife. Women in polygynous marriages have lower fertility (e.g. Dörjahn 1958) and suffer higher stress (e.g. Jankowiak et al. 2005) than women in monogamous marriages, while their children have higher mortality (e.g. Omariba & Boyle 2007) and poorer growth rates (see Bove & Valeggia 2009 for review). These costs appear to fall disproportionately on the lower-ranking wives and their children (Gibson & Mace 2007; Bove & Valeggia 2009). One previous study showed that women in polygynous marriages had relatively more daughters than those in monogamous marriages (Whiting 1993). However, this study did not take into account wife rank and used aggregated rather than individual-level data.

In view of this, and in line with the Trivers–Willard hypothesis, we predict that lower-ranking co-wives will bear significantly more daughters than wives of other ranks or monogamously married women.

2. MATERIAL AND METHODS

The data are from a census of Rwanda conducted by the Ministère des Finances et de la Planification Economique, Commission Nationale du Recensement. The census was conducted by face-to-face interview during 14 days of fieldwork in August 2002 and aimed to represent all individuals present in the country. Data from a 10 per cent sample of households is freely available through IPUMS-I (Integrated Public Use Microdata Series International) and is designed to be representative of the complete census population (Rwandais := 843 592). From each of the households in the 10 per cent sample, we selected all married women who reported they had children and for whom data were complete (n = 96 880). We classified each of these women as either monogamously or polygynously married, and for the latter group as either the first, second or lower-order co-wife.

Rwanda had 12 provinces at the time of the survey (Minnesota Population Center 2007). As control variables we included mother’s age at time of the census, province, urbanization (urban/rural), ownership of the dwelling (owned/rented/unknown) and mother’s educational attainment (years of schooling) (table 1 of the electronic supplementary material). Our dependent variable was the son ratio: the number of sons ever born as a proportion of the number of children ever born, as reported by the mothers at the time of the survey. This variable ranges from 0 (all daughters) to 1 (all sons). Descriptive statistics for all the variables used are given in table 1 of the electronic supplementary material.

We used linear mixed modelling to examine the independent effect of marriage type (only wife/first co-wife/second co-wife/third or lower-order co-wife) on son ratio. These models allow us...
Table 1. Parameter estimates and concomitant test characteristics from a linear mixed model for son ratio (number of sons ever born/number of children ever born).

<table>
<thead>
<tr>
<th>province</th>
<th>β</th>
<th>s.e.</th>
<th>t</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kigali City</td>
<td>0.106</td>
<td>0.039</td>
<td>-2.72</td>
<td>0.007</td>
</tr>
<tr>
<td>Kigali Ngali</td>
<td>-0.019</td>
<td>0.017</td>
<td>-0.978</td>
<td>0.328</td>
</tr>
<tr>
<td>Gitarama</td>
<td>-0.026</td>
<td>0.017</td>
<td>-1.539</td>
<td>0.124</td>
</tr>
<tr>
<td>Butare</td>
<td>-0.014</td>
<td>0.017</td>
<td>-0.797</td>
<td>0.425</td>
</tr>
<tr>
<td>Gikongoro</td>
<td>-0.015</td>
<td>0.017</td>
<td>-0.851</td>
<td>0.395</td>
</tr>
<tr>
<td>Cyangugu</td>
<td>-0.046</td>
<td>0.018</td>
<td>-2.505</td>
<td>0.012</td>
</tr>
<tr>
<td>Kibuye</td>
<td>-0.018</td>
<td>0.017</td>
<td>-0.977</td>
<td>0.328</td>
</tr>
<tr>
<td>Gisenyi</td>
<td>0.004</td>
<td>0.017</td>
<td>2.505</td>
<td>0.011</td>
</tr>
<tr>
<td>Ruhengeri</td>
<td>-0.043</td>
<td>0.017</td>
<td>2.506</td>
<td>0.009</td>
</tr>
<tr>
<td>Byumba</td>
<td>-0.045</td>
<td>0.017</td>
<td>-1.645</td>
<td>0.100</td>
</tr>
<tr>
<td>Kibungo</td>
<td>0.029</td>
<td>0.017</td>
<td>0.007</td>
<td>0.978</td>
</tr>
<tr>
<td>Umutara</td>
<td>0</td>
<td>0</td>
<td>0.75</td>
<td>0.493</td>
</tr>
<tr>
<td>age (1 s.d.)</td>
<td>-0.012</td>
<td>0.004</td>
<td>-2.72</td>
<td>0.007</td>
</tr>
<tr>
<td>marriage type</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>monogamously married</td>
<td>0.113</td>
<td>0.038</td>
<td>3.03</td>
<td>0.002</td>
</tr>
<tr>
<td>first wife (polygynous)</td>
<td>0.112</td>
<td>0.041</td>
<td>-2.928</td>
<td>0.003</td>
</tr>
<tr>
<td>second wife (polygynous)</td>
<td>0.07</td>
<td>0.04</td>
<td>2.236</td>
<td>0.025</td>
</tr>
<tr>
<td>third or lower-order wife (polygynous)</td>
<td>0</td>
<td>0</td>
<td>0.007</td>
<td>0.978</td>
</tr>
</tbody>
</table>

3. RESULTS

The linear mixed model for fertility showed that third or lower-ranking co-wives bore significantly fewer children than other mothers ($\beta = -0.07$ to $-0.12$; all $p < 0.01$; table 2 of the electronic supplementary material).

The best-fitting model for son ratio contained just mother’s age, province and type of marriage, with no random intercept or slope, and gave a significantly better fit than a null model ($\chi^2 = 143,884$; d.f. = 16; $p < 0.00001$). Mother’s education, urbanization and ownership of the dwelling did not significantly predict son ratio and were excluded from the final model ($p > 0.25$). As women could have reproduced beyond the census point, we re-ran the analysis and limited the sample to women over age 45. This gave very similar estimates (table 3 of the electronic supplementary material), as did the second best-fitting model which also contained a random intercept ($\Delta$AIC = 2; $\Delta$BIC = 11.5).

Third or lower-ranking wives had significantly more daughters than any other marriage type (table 1 and figure 1). These differences were significant and sizeable ($\beta = 0.07$ to $-0.11$), with the largest difference between third or lower-ranking wives (106 daughters for every 100 sons) and those in monogamous marriages (99 daughters for every 100 sons). By substituting reference categories, we compared other types of marriage. Son ratios did not differ between monogamously married and first or second co-wives (respectively, $\beta = -0.005$; $p > 0.75$ and $\beta = 0.024$; $p = 0.1$), nor between first and second co-wives ($\beta = 0.029$; $p = 0.17$). The effects were found while controlling for other variables in the model.

The control variables showed that older women tended to have relatively more daughters than sons ($\beta = -0.01$; $p = 0.007$). Women who lived in Umutara, Gitarama, Kigali city and Butare had relatively more sons than women from other provinces (figure 1 of the electronic supplementary material), while women from Gikongoro, Kibuye and Byumba tended to have relatively more daughters than women from other provinces.

4. DISCUSSION

Our findings show that low-ranking wives, of third order or lower, have lower fertility than other women, suggesting that they are in poorer condition. In line with the Trivers–Willard hypothesis, these low-ranking wives have relatively more daughters than higher-ranking and monogamously married wives. This fits with previous findings from non-Western cultures documenting female-biased sex ratios as a function of maternal condition (e.g. Bereczkei & Dunbar 1997). Mothers in poor condition, here lower-ranking co-wives in a polygynous marriage, may overproduce daughters because these give them greater fitness returns than sons.

The applicability of the Trivers–Willard hypothesis to our data from African polygynous societies rests on two key assumptions. The first is that lower-ranking wives receive a smaller share of their husband’s resources than wives in other situations. Data from the Luo of Lake Victoria (Ssenyonga 1997), as well as studies of the health of women and their children (Gibson & Mace 2007; Bove & Valeggia 2009), suggest...
that this is the case. The second assumption is that the prospects of sons and daughters are affected differently by this unequal distribution of resources. This seems likely, given that male reproductive success is extremely variable in these societies and is strongly dependent on adult status and resources (Borgerhoff Mulder 1990; Cronk 1991; Nettle & Pollet 2008).

Our findings could also be explained by the maternal dominance hypothesis (Grant 1996), which states that dominant women are more likely to conceive sons because they have higher circulating levels of testosterone. Marriage rank could be related to testosterone levels in our study population, but we lack the data to investigate this. However, this hypothesis is a proximate explanation and is perfectly compatible with the ultimate explanation we have focused on here. Another possible proximate mechanism is the selective resorption of male foetuses by mothers in poor condition (Krackow 1995). Yet, the extent to which this drives adaptive sex-ratio variation in mammals is debated (Krackow 1995; Krüger et al. 2005).

Alternatively, it is possible that the patterns we have documented are entirely non-adaptive and result from a greater mortality of male foetuses in poor-condition mothers (Kruuk et al. 1999). These demographic data do not allow us to distinguish male-biased mortality from selective resorption and other proximate mechanisms.

There are some limitations to our study. Some of the monogamous wives would subsequently have become polygynous, joined by one or more co-wives. Indeed, this may partly explain the close similarity in son ratios between monogamously married wives and first wives in polygynous marriages. If we had access to longitudinal data on marriage type and child production for this population, the distribution of women over the four marriage-type categories would be different. It is difficult to see, however, how this would alter the patterns of sex-ratio bias we describe.


Figure 1. Mean son ratio (number of sons ever born/number of children ever born) by marriage type. Bars represent 95 per cent confidence intervals.


SPSS 2005 *Linear mixed-effects modeling in SPSS: an introduction to the MIXED procedure*. Chicago, IL: SPSS Inc.


