Vertebrate ancient opsin photopigment spectra and the avian photoperiodic response

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In mammals, photoreception is restricted to cones, rods and a subset of retinal ganglion cells. By contrast, non-mammalian vertebrates possess many extraocular photoreceptors but in many cases the role of these photoreceptors and their underlying photopigments is unknown. In birds, deep brain photoreceptors have been shown to sense photic changes in daylength (photoperiod) and mediate seasonal reproduction. Nonetheless, the specific identity of the opsin photopigment ‘sensor’ involved has remained elusive. Previously, we showed that vertebrate ancient (VA) opsin is expressed in avian hypothalamic neurons and forms a photosensitive molecule. However, a direct functional link between VA opsin and the regulation of seasonal biology was absent. Here, we report the in vivo and in vitro absorption spectra ($\lambda_{\text{max}} \approx 490$ nm) for chicken VA photopigments. Furthermore, the spectral sensitivity of these photopigments match the peak absorbance of the avian photoperiodic response ($\lambda_{\text{max}} \approx 492$ nm) and permits maximum photon capture within the restricted light environment of the hypothalamus. Such a correspondence argues strongly that VA opsin plays a key role in regulating seasonal reproduction in birds.

Keywords: avian; deep brain photoreceptor; hypothalamus; vertebrate ancient opsin; photoperiodic response

1. INTRODUCTION

Birds possess photoreceptors located within the medio-basal hypothalamus (MBH) that regulate photoperiodic responses to daylength [1]. An action spectrum for this response showed the involvement of an opsin/vitamin A photopigment with a spectral maximum at 492 nm, suggesting that daylength measurements are mediated by such a molecule [2]. However, the specific molecular identity of this opsin has remained ambiguous, with rod-like opsin [3], melanopsin [4], neuropsin (OPN5) [5] and vertebrate ancient (VA) opsin [6] all being proposed as potential candidates. Traditionally, a number of criteria must be satisfied before assigning a particular function to a photopigment. Specifically, the molecular candidate should: (i) be expressed in photoreceptors/photosensitive areas; (ii) form a functional photopigment; and (iii) possess an absorption spectrum with a spectral maximum ($\lambda_{\text{max}}$) that matches the action spectrum for the biological response. An additional supportive association (iv) is whether the candidate photopigment is spectrally ‘tuned’ to the prevailing light conditions, as often seen in the visual pigments driving colour vision or the rod photopigments of deep-sea fishes. Based upon criteria (i) and (ii), VA opsin [6] and OPN5 [5] have emerged as the strongest candidates. However, their match to criteria (iii) and (iv) is problematic as information is either confounding or lacking. In the case of chicken OPN5 (cOPN5), absorbance spectroscopy has demonstrated a photopigment with a $\lambda_{\text{max}}$ at 360 nm [7]. Such a spectral maximum would not support cOPN5 as the photoperiodic photopigment, based upon the finding that the action spectrum for the avian photoperiodic response peaks at 492 nm [2] and the observation that little ultraviolet (UV) light can penetrate tissue [8].

Chicken VA (cVA) opsin encodes two isoforms, cVALong (cVAL) and cVAShort (cVAS), that both form functional photopigments with cVAS protein being detected within the hypothalamus [6]. Until now, the absorbance spectra for these photopigments were not known, so any potential match between action and absorption spectra could not be evaluated. This paper addresses this issue by reporting the absorbance spectra for both chicken VA isoforms and assessing whether their absorbance characteristics are appropriately tuned to the spectral composition of light penetrating the avian hypothalamus.

We find that cVAS and cVAL exhibit a $\lambda_{\text{max}}$ at approximately 490 nm, differing by only 2 nm from the peak of the action spectrum for the avian photoperiodic response at 492 nm. Furthermore, because of the absorbance characteristics of haemoglobin, there is a small ‘spectral window’ in hypothalamic light penetration that peaks around 489 nm. Thus, the spectral maxima of cVA photopigments are ideally suited to maximize photon capture within the bird hypothalamus. These new findings allow us to satisfy criteria (iii) and (iv) of assigning a candidate photopigment to a physiological function, namely, that VA opsin plays a central role in regulating the avian photoperiodic response.

2. MATERIAL AND METHODS

Hypothalamic lysates from dark-adapted chickens were homogenized in phosphate buffered saline/(n-dodecyl-$b$-D-maltoside/phenylmethyl-sulphonyl fluoride buffer (pH 7.4) [9] under dim red light. Native cVAS photopigments, containing endogenous 11-cis retinal, were extracted in the dark by affinity immunochromatography [9] by passing the hypothalamic lysates through a cyanogen bromide-sepharose binding column coupled to an anti-VA antibody [6]. For recombinant expression experiments, cVAL was transfected into HEK293T cells and incubated at 30°C or 37°C. Post-harvesting, membrane fractions were incubated with excess 11-cis retinal and cVAL photopigments purified by affinity immunochromatography [9]. All absorbance spectra (dark and bleached) were recorded in triplicate using a Shimadzu UV-visible spectrophotometer, with difference spectra being calculated prior to template fitting to minimize the spectral distortion of underlying absorbance and scatter of the protein [10]. The spectral
peak absorbance ($\lambda_{\text{max}}$) and coefficient of determination ($r^2$ value) were determined by fitting these data around the peak and long-wavelength limb of a modified Govardovskii template [11] with a subtracted retinal oxime spectrum [10] using an Excel spreadsheet with a Solver function by the method of least squares [9].

3. RESULTS

Chicken VA exists as two isoforms (cVAL and cVAS), with Western blot analysis showing that cVAS is the only expressed VA isoform detected in the hypothalamus [6]. Therefore, we determined the spectral sensitivity of this photopigment by extracting in vitro protein from dark-adapted chicken hypothalamic lysates and in vitro recombinant expression in HEK293T cells (at 37°C), followed by reconstitution with chicken VAS (lysate) and chicken VAL (37°C) and (30°C).

Figure 1. (a) Absorbance difference spectra (grey line) for cVAS opsin photopigments extracted from hypothalamic lysates and (b) HEK293T cells transfected with cVAL and incubated at 37°C or (c) 30°C. $\lambda_{\text{max}}$ values are shown, as determined by fitting to a modified Govardovskii template [10,11] (black circles). (d) Spectral composition of sunlight reaching the basal hypothalamus (modified from [12]; black line) compared with the absorbance of oxygenated (HbO$_2$; light grey line) and deoxygenated (Hb; dark grey line) haemoglobin (modified from [13]). Dotted box refers to the spectrum highlighted in (e), analysed within a physiological range for vitamin A$_1$-based photopigments ($\lambda_{\text{max}} = 360–560$ nm). (e) Spectrum of light penetrance at the avian hypothalamus (black line; modified from [12]), showing a ‘spectral window’ with a $\lambda_{\text{max}}$ at 489 nm when fitted to a vitamin A$_1$-based template (light grey circles), compared with the action spectrum for the avian photoperiodic response (dark grey line) with a $\lambda_{\text{max}}$ at 492 (modified from [2]).
with 11-cis retinal and UV-visible spectrophotometry. Despite repeated attempts, characteristic photopigment-like difference spectra were not obtained (figure 1b). These experiments were then repeated at 30°C. Our rationale was that the lower temperature would reduce the rate of translation and endocytic membrane clearance and provide more time for correct protein folding and trafficking of viable opsin to the cell membranes. This approach was successful and yielded a cV AL photopigment with a λmax of 490 nm (r² = 0.73; figure 1c), which was strikingly similar to the in vivo spectral absorbance peak of cVAS. Similar in vitro expression of cVAS did not successfully regenerate (data not shown), suggesting that variation in the length and sequence of the carboxyl-termini may result in protein isoforms with different folding properties. These results are consistent with previous findings that show recombinant short isoforms of vertebrate photopigments do not easily regenerate [14]. Collectively, both in vivo and in vitro approaches yielded cVA photopigments with absorbance maxima at approximately 490 nm, which only differs by 2 nm from the reported 492 nm peak of the action spectrum for the avian photoperiodic response [2]. Thus, criterion (iii) for assigning a particular function to a candidate photopigment has been satisfied.

The avian cranium is permeable to light across the visible spectrum, but scatter and photon absorption by overlying tissues significantly modifies the spectral composition of sunlight that penetrates into the hypothalamus of birds [12]. Specifically, as sunlight passes through the feathers, skin, skull and brain, wavelengths of 400–450 nm and 525–550 nm are greatly attenuated owing to the presence of haemoglobin with absorbance peaks at 430 and 550 nm (figure 1d). However, there is a small ‘spectral window’ in haemoglobin absorption and light penetrates into the brain between 450 and 550 nm (figure 1d,e). This value is significant as it closely corresponds to the λmax for both VA photopigment isoforms (figure 1a,c) and the action spectrum of the photoperiodic response (figure 1e). Photons at wavelengths beyond 590 nm penetrate into the hypothalamus with greater efficiency than 489 nm (figure 1d) and so the question arises why not evolve long-wavelength-shifted photopigments to maximize photon capture? Such a task, however, presents several problems. The first relates to thermal noise. The more long-wavelength-shifted the λmax of a photopigment the greater the chance of thermal isomerization [15]. As a result, distinguishing low levels of light from signals generated by heat within the 40°C environment of the deep brain would represent a significant sensory challenge. The second problem relates to the construction of a photopigment with a λmax > 590 nm. Photopigments are conjugated to either vitamin A₁- or A₂-based chromophores, with the latter allowing significantly greater sensitivity to longer wavelengths compared with the former. Birds, however, are unable to manufacture vitamin A₂ retinal, so the most long-wavelength-shifted λmax found is approximately 560 nm. Such a λmax would confer no additional sensitivity to light within the deep brain and be subject to greater levels of thermal noise (figure 1d). The supportive criterion (iv), namely that the absorbance spectrum of the VA opsin photopigment should be appropriately matched to the spectral qualities of the available light within the hypothalamus for maximal photon capture, therefore, is also fulfilled. Of final significance is that the λmax of VA opsins from non-avian species characterized to date yield values between 505 and 510 nm [16], providing additional evidence that cVA is spectrally tuned to 490 nm.

4. DISCUSSION

The first evidence of vertebrate deep brain photoreceptors emerged with studies that showed light-induced colour changes in the skin of the minnow (Phoxinus laevis) occurred in the absence of the eyes and pineal complex [17]. The receptor was localized to the basal brain by lesion studies that blocked the melanophore light response and it was proposed that the ependyma of the ventricles were photosensitive [17]. Subsequently, the presence of deep brain photoreceptors were demonstrated in all non-mammalian vertebrates [18,19]. Avian encephalic photoreceptors were first discovered when illumination with artificial daylengths, via glass rods placed within the hypothalami of ducks, showed that spring-like daylengths stimulated testicular growth while short winter photoperiods had no effect upon reproduction [20]. Subsequently, it was confirmed that the photoperiodic control of reproduction was mediated by extraretinal and extrapineal photoreceptors [21], specifically those that resided within the MBH [22]. Despite this long history, the characterization of such photoreceptors has been difficult. Previously, we demonstrated that the chicken VA opsin gene transcribes alternative splice-variants that encode two functional protein isoforms, cVAL and cVAS. Of these isoforms, cVAS is expressed within a population of hypothalamic neurons with extensive projections to the median eminence [6]. However, a functional link between these neurons and the avian photoperiodic response was elusive. In the present study, we report that the absorbance spectra for both cVAS (in vivo) and cVAL (in vitro) photopigments have a λmax at approximately 490 nm, showing a strong correlation to the action spectrum for the avian photoperiodic response that peaks at 492 nm. In addition, we show that cVA appears to be spectrally tuned to the light environment of the hypothalamus. Collectively, our results build an overwhelming prima facie case for the involvement of VA opsin in the avian photoperiodic system. Whether other secondary photopigments might also contribute to this response remains an intriguing and unresolved issue.

Chickens were obtained from a licensed source as approved by the local Animal Ethics Committee (University of Oviedo and University of Edinburgh) and were killed using an approved procedure.

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